

April 27, 2006

To: the Agenda Committee of Policy Council

From: Anne Stright, Director of the Human Development Program, Counseling and Educational Psychology Department

Based on feedback received from the Dean and the Graduate Studies Office, Dr. Lorenzen-Huber and I have made the following changes to the proposed Interdisciplinary Minor in Gerontology. We appreciated the feedback and believe that the new changes are a great improvement.

First, we have revised the minor for School of Education doctoral students. We will begin the paperwork this week to create a separate code for the minor so that students receiving a Ph.D in Educational Psychology may take the 3 Educational Psychology courses included in the minor. Second, we have changed the School of Education minor form to specify that students should take at least 2 of the minor courses from the School of Education (see attached form).

Third, we have begun discussions with HPER about the possibility of requiring that HPER students completing the HPER minor (see attached form) be required to take 1 of the 3 Education courses listed on the minor. At the next meeting of HPER's Academic Council (next fall) we will formally request this change. (We anticipate that approximately 1 or 2 HPER students will minor in gerontology each year). Currently, Dr. Huber encourages HPER students to take at least 1 of the Education courses.



This online course examines aging issues and health inequalities among diverse populations, women's aging and health experiences, and the prospects for the aging baby boomer cohort. Graduate students evaluate the effectiveness of current public health programs and policies in meeting the needs of the rapidly growing diverse older adult population.

**HPER R566 Therapeutic Interventions with the Elderly**

**Spring**

This online course focuses on the unique recreation and leisure needs of more frail older individuals. Topics include: aging, disability, chronic illness, the therapeutic recreation process, assessment, documentation, evaluation, and ethics.

**HPER R565 Leisure and Aging**

**Fall & Summer II**

The role of leisure in older adulthood. This course is online for Summer II and in the classroom for Fall semester. It explores the role of leisure in healthy older adult development. Topics include: physical, cognitive, emotional, and social aging; theoretical frameworks in the literature on leisure and aging; current leisure services and settings, and public policy issues of the 21st century.

**Other courses may be substituted if approved by the minor advisor, Dr. Huber.**

**2. In lieu of a written qualifying exam, the student will complete an alternate assignment. The alternate assignment may be a paper or a funding proposal either real or simulated. Dr. Huber, the minor advisor, must approve the alternate assignment.**

## **School of Health, Physical Education, and Recreation**

Interdisciplinary Minor in Gerontology for Doctoral Students

15 credit hours

Faculty Advisor: Dr. Lesa Lorenzen-Huber

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The School of HPER offers an interdisciplinary minor in gerontology in cooperation with the School of Education. The minor consists of five courses in gerontology and a paper/proposal.

### **1. Select five courses from the following\***

HPER H524/EDUC P513 Multidisciplinary Perspectives in Gerontology

EDUC P518 Social Aspects of Aging and Aging Families

EDUC P517 Adult Development and Aging

HPER C535 Contemporary Issues in Aging and Health\*\*

HPER C615/K500 Health, Longevity, and Integrative Therapies for the Later

Years\*\*

HPER R565 Leisure and Aging

HPER R566 Therapeutic Interventions with the Elderly

HPER F560 Adult Development

\*The minor advisor member of Kinesiology and Recreation student's advisory committee will prescribe the minor course work for the students.

\*\*Course approval in process

AHS students must take five courses outside their home department (i.e., other than H or C courses)

Other courses may be taken as an elective with Advisor approval.

**2. In lieu of a written qualifying exam question, the student will complete an alternate assignment. The alternate assignment could be a paper or it could be a project like a funding proposal (either real or simulated.) The alternate assignment must be approved by the minor advisor.**

## Interdisciplinary Minor in Gerontology for Ph.D Students Course Descriptions

### **P513/H524 Gerontology: Multidisciplinary Perspectives**

**Fall and Spring**

An online course fall semester and in the classroom spring semester focusing on demographics, historical and cultural aspects of aging, biological and social theories of aging, physical, cognitive, personality changes in old age, physical and mental health in old age, relationships in old age, and death. Implications for social policy are emphasized.

### **P517 Adult Development and Aging**

**Fall**

This online course focuses on development from early, middle, and late adulthood. Topics include: developmental research methods, racial and ethnic diversity in adult development, relationships in adulthood, work, leisure, and retirement, changes across adulthood in health, sensory, cognitive, and personality functioning, coping in adulthood, mental health interventions, and communicating with the elderly.

### **P518 Social Aspects of Aging**

**Spring**

This online course considers the social, financial, familial, and resource needs and issues of older individuals, and the contemporary responses of public health and social systems. This class enables students to critically analyze current social events and better interrelate to issues in aging using solid concepts, theories and research.

### **C525/K500 Health, Longevity, and Integrative Therapies for the Later Years**

**Fall**

As aging becomes a public health priority, an interdisciplinary consideration of the health issues of older adults is critical. This online course reviews the biology of aging, health care, new research in aging, applications of integrative medicine for older adults, and physical activity and aging.

### **C535 Contemporary Issues in Aging and Health**

**Summer II**

This online course examines contemporary issues in the rapidly aging population. Topics include aging issues among diverse populations, women's aging experience, and the aging baby boomer cohort. Students develop plans to address the health needs of selected aging populations.

### **R566 Therapeutic Interventions with the Elderly**

**Spring**

The unique recreation and leisure needs of more frail older individuals are considered in this online course. Topics include: aging, disability, chronic illness, the therapeutic recreation process, assessment, documentation, evaluation, and ethics.

### **R565 Leisure and Aging**

**Summer II and Fall**

An online course fall semester and in the classroom summer II, this course explores the role of leisure in healthy older adulthood development. Topics include: physical, cognitive, emotional, and social aging; theoretical frameworks in the literature on leisure and aging; current leisure services and settings, and public policy issues of the 21st century.