



## B.S. APPLIED HEALTH SCIENCE: Health Education

This HPER degree area enables you to teach Health at the middle school/junior high/senior high school settings. Course requirements for this content field is valid at IUB. A 2.5 GPA in the major/content field, professional education, and overall is required. The Applied Health Science program consists of four components:

GENERAL EDUCATION.....	38
CONTENT FIELD.....	34
PROFESSIONAL EDUCATION.....	40
ELECTIVES to total to 124.....	12
<b>Total:</b>	<b>124 credits</b>

School of Health Physical  
Education and Recreation

**SAMPLE**  
TLN2002HealthPE.D03

### I GENERAL EDUCATION 38 credits

**ARTS & HUMANITIES** 15 credits

### II CONTENT FIELD 34 credits

2.5 GPA in Applied Health major required for license  
C- or higher in each course.

**Admission to the School of HPER Required**  
2.5 GPA/26 credit hours.

**ORAL EXPRESSION** Grade of C or higher 3 credits  
CMCL C121 Public Speaking 3

**WRITTEN EXPRESSION** Grade of C or higher 6 credits  
ENG W131 Elementary Composition OR  
ENG W170 Projects in Reading and Writing 3  
ENG W231 Professional Writing Skills 3

**HUMANITIES** 6 credits

Afro-American Studies	American Sign Language
Central Eurasian Studies	Classical Studies
Communication & Culture	Comparative Literature
East Asian Lang & Cult	English
Fine Arts	Folklore
French and Italian	Germanic Languages
HPER- R160 only	Jewish Studies
Journalism	Linguistics
Music	Philosophy
Near East Lang & Lit	Religious Studies
Slavic Languages & Lit	Spanish and Portuguese
Telecommunications	Theatre and Drama

### LIFE & PHYSICAL SCIENCES 11-13 credits

HPER H263 Personal Health 3  
HPER P205 Structural Kinesiology OR  
ANAT A215 Basic Human Anatomy 3-5  
PHSL P215 Basic Human Physiology (P: Soph standing) 5

### SOCIAL & BEHAVIORAL SCIENCES 12 credits

SOC Select at least one course 3  
Select additional nine hours from: 9

Anthropology	History
Criminal Justice	Political Science
Economics	Psychology
Geography (Human/Non-Physical)	Sociology

### PROFESSIONAL HEALTH CORE

HPER F255 Human Sexuality	3
HPER H160 First Aid and Emergency Care	3
HPER H174 Violence Prevention in American Society	3
HPER H180 Stress Prevention and Management	3
HPER H205 Introduction to Public & School Health	1**
HPER H311 Human Diseases and Epidemiology	3**
HPER H315 Consumer Health	3
HPER H318 Drug Use in American Society	3
HPER H464 Coord. School Health Prog. (P: H263 or consent)	3**
HPER N220 Nutrition for Health (P: CHEM C202; BIOL L100)	3

### ELECTIVES Select 6 credits from the following:

HPER C310 Health Care in Diverse Communities	3
HPER C366 Health Problems in the Community	3 ~ *
HPER C403 Techniques of Public Health Education	3 ~ **
HPER F150 Introduction to Life-Span Human Development	3
HPER F258 Marriage & Family Inter (Highly recommended)	3
HPER F317 Topical Seminar (Repeatable w/ different topic)	3
HPER H163 Current Health Topics	3
HPER H172 International Health & Social Issues	3
HPER H220 Death & Dying	3**
HPER H305 Women's Health	3
HPER H306 Men's Health	3
HPER H317 Topical Seminar (Repeatable)	3
HPER H320 The Nature of Cancer	3
HPER H324 Gerontology: Multidisciplinary Perspectives	3
HPER H326 AIDS & Other STD's (summer only)	3
HPER H327 Practicum in College Death Education (consent)	3**
HPER H333 Prevention of Cardiovascular Disease	3
HPER H340 Practicum in College Sex Education	3
(P: Permission of instructor)	
HPER H418 Nature of Addictive Disorders (P: Sr. standing)	3
HPER H445 Travel Study	3
HPER H460 Practicum in First Aid Instruction (P: H160"B")	3
HPER S217 Safety: A Personal Focus	3

\*Fall Only \*\*Spring Only

**ADMISSION TO SCHOOL OF EDUCATION  
TEACHER EDUCATION PROGRAM (TEP):**

- 1) 2.5 GPA overall
- 2) 12 cr in major; 2.5 gpa in major
- 3) Completion or enrollment in prerequisites:  
C or higher required in each course.
 

EDUC W201 Technology A	1
EDUC P312 Learning Theory Into Practice	3
EDUC P313 Adolescence in a Learning Community	3
EDUC M300 Teaching in a Pluralistic Society	3
- 4) Meet Current PRAXIS I Test Qualification Scores
 

Math:	175
Reading:	176
Writing:	172
- 5) Submit TEP Application On-line:  
<https://omnibase2.educ.indiana.edu>  
 Apply by October 1 (for spring semester)  
 Apply by March 1 (for fall semester)

**III PROFESSIONAL EDUCATION  
40 credits**

2.5 GPA required overall, C or higher in each course

**PRE-REQUISITE & NON AUTHORIZED COURSES  
19 credits**

EDUC W201 Technology A	1
EDUC P312 Learning Theory Into Practice	3
EDUC P313 Adolescence in a Learning Community	3
EDUC M300 Teaching in a Pluralistic Society	3

**These Courses may be taken before or after admission to the TEP:**

EDUC G203 Communication in the Classroom	3
EDUC H340 Education and American Culture	3
EDUC R341 Multimedia in Instructional Technology	3

**AUTHORIZED TEACHER ED COURSES 21 credits**

Admission to the Teacher Education Program required before taking the following courses.

**BLOCK I**

HPER H352 Secondary School Health Curriculum & Instr.	3**
HPER H353 Field Observation (C: H352)	1

**BLOCK II**

HPER H452 Secondary School Health Strategies & Assess (P: H352/H353 C: H453)	3
HPER H453 Micorteaching Lab for Health Ed (C: H452)	1
EDUC K306 Teaching Students w/Special Needs in Sec.	3

**BLOCK III**

EDUC M480 Student Teaching	10-16
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**IV ELECTIVES  
to total 124 credits**

**V OPTIONAL COGNATE FIELD IN  
PHYSICAL EDUCATION  
31 credits**

**PHYSICAL ED CONTENT COURSES 24 credits**  
2.5 GPA required overall, C- or higher in each course.

HPER P140 Foundations of Physical Ed (C:P141)	3
HPER P141 Fundamentals of Human Movement (C:P140)	2
HPER P203 Teaching Pract in Phys Educ (C: P214)	1
HPER P214 Basic Methods Teaching PE (C: P203)	3
HPER P216 Current Concepts of Physical Fitness	3
HPER P224 Teaching Dance Activities	2
HPER P313 Tools of Learning (P: P214)	1
HPER P316 Theories of Advance Cond (P: P216)	2
HPER P323 Teach Indiv Dual Activities (P: P214)	2
HPER P325 Teaching Team Activities (P: P214)	2
HPER P398 Adapted Physical Education	3

**AUTHORIZED PHYSICAL ED COURSES 7 credits**

Admission to PETE required for participation; PE and Health student teaching take place in the same semester; First Aid/CPR certification required.

**SPRING ONLY BEFORE STUDENT TEACHING**

EDUC M314 General Methods (C: M303)	3
EDUC M303 Field Experience (C: M314)	1

**FALL ONLY BEFORE STUDENT TEACHING**

EDUC M456 Methods of Teaching Phys Edu (C: M403)	3
EDUC M403 Lab-Field Experience (C: M456)	0



# B.S. KINESIOLOGY: Physical Education

This HPER degree area enables you to teach physical education in all school settings. Course requirements for this content field is valid at IUB. A 2.5 GPA in the major/content field, professional education, and overall is required. The Physical Education Teacher Education (PETE) program consists of four components:

GENERAL EDUCATION.....	41
CONTENT FIELD.....	49
PROFESSIONAL EDUCATION.....	31
ELECTIVES to total to 124.....	0-3
<b>Total:</b>	<b>124 credits</b>

School of Health Physical  
Education and Recreation

**SAMPLE**  
TLN2002PE.03

## I GENERAL EDUCATION 41 credits

**ARTS & HUMANITIES** 18 credits

**ORAL EXPRESSION** Grade of C or higher 3 credits  
CMCL C121 Public Speaking 3

**WRITTEN EXPRESSION** Grade of C or higher 2-3 credits  
AFRO A141-A142 Intro to Writing & Black Literature 1-1  
ENG L141-L142 Intro to Writing & the Study of Lit 1-1  
ENG W131 Elementary Composition 3  
ENG W170 Projects in Reading and Writing 3

**ORAL/WRITTEN ELECTIVE** credits to total 9 credit hours  
CMCL C122 Interpersonal Communication 3  
CMCL C223 Business & Professional Communication 3  
CMCL C324 Persuasion 3  
ENG W103 Introduction to Creative Writing 3  
ENG W203 Creative Writing 3  
ENG W231 Professional Writing Skills 3  
ENG W270 Argumentative Writing 3  
ENG W301 Writing Fiction (P: Permission of Inst.) 3  
ENG W350 Advance Expository Writing 3  
JOUR J200 Reporting, Writing, & Editing I (P/C: L155) 3

**HUMANITIES (Choose from at least 2 departments)** 9 credits  
Afro-American Studies  
Central Eurasian Studies  
Communication & Culture  
East Asian Lang & Cult  
Fine Arts  
French and Italian  
HPER- R160 only  
Journalism  
Music  
Near East Lang & Lit  
Slavic Languages & Lit  
Telecommunications  
American Sign Language  
Classical Studies  
Comparative Literature  
English  
Folklore  
Germanic Languages  
Jewish Studies  
Linguistics  
Philosophy  
Religious Studies  
Spanish and Portuguese  
Theatre and Drama

**LIFE & PHYSICAL SCIENCES** 11-12 credits

required:  
ATH M118 Finite Math OR A118 OR D116-D117 3-4  
OR MATH M119 Brief Survey of Calculus I 3  
HPER P409 Basic Physiology of Exercise (P: P215) 3  
HSL P215 Basic Human Physiology (P: Soph standing) 5

**SOCIAL & BEHAVIORAL SCIENCES** 9 credits

Choose courses from at least three of the following departments:  
Anthropology  
Criminal Justice  
Economics  
Geography (Non-Physical)  
History  
Political Science  
Psychology  
Sociology

## II CONTENT FIELD 49 credits

2.5 GPA in Kinesiology major required for license  
C- or higher in each course.

**Admission to the School of HPER Required**  
1) 2.5 GPA/26 credit hours.  
2) Completion of pre-requisite courses with C or better  
HPER P140 Foundation of Physical Education 3  
HPER P141 Fundamentals of Human Movement 2  
3) Submit PETE application in HPER 115  
Apply by November 1 (for spring semester)  
Apply by March 1 (for summer and fall semester)

**KINESIOLOGY COURSES (49 credits)**  
HPER P140 Foundations of Physical Education (C:P141) 3  
HPER P141 Fundamentals of Human Movement (C:P140) 2  
HPER P200 Microcomputers in Physical Education 3  
HPER P205 Structural Kinesiology 3  
HPER P216 Current Concepts of Physical Fitness 3  
HPER P222 Teaching Developmental Gymnastics 2  
OR HPER P223 Teaching Stunts, Tumbling & Apparatus 2  
HPER P224 Teaching Dance Activities 2  
HPER P280 Athletic Training & Emergency Care 2  
HPER P316 Theories of Advance Cond (P: P216) 2  
HPER P391 Biomechanics (P: A215 or P205) 3  
HPER P398 Adapted Physical Education 3  
HPER P490 Motor Development & Learning 3  
ELECTIVES Prefix A,P,D,K or minor course work 7  
**Must be admitted to PETE program to take the following:**  
HPER P203 Teaching Pract in Phys Educ (C: P214) 1  
HPER P214 Basic Methods Teaching PE (C: P203) 3  
HPER P313 Tools of Learning (P: P214) 1  
HPER P323 Teach Indiv Dual Activities (P: P214) 2  
HPER P325 Teaching Team Activities (P: P214) 2  
EDUC P254 Educational Psychology All-Grade 3  
EDUC M201 Lab-Field Experience (C: P254) 2  
EDUC M300 Teaching in Plural Society 3

**ADMISSION TO SCHOOL OF EDUCATION  
TEACHER EDUCATION PROGRAM (TEP):**

- 1) 2.5 GPA overall
- 2) 12 cr in major; 2.5 gpa in major
- 3) Completion or enrollment in prerequisites:  
C or higher required in each course.
 

HPER P200 Micro-computers in Physical Education	3
EDUC P254 Educational Psychology All-Grade	3
EDUC M201 Lab-Field Experience	2
EDUC M300 Teaching in a Pluralistic Society	3
- 4) Meet Current PRAXIS I Test Qualification Scores
 

Math:	175
Reading:	176
Writing:	172
- 5) Submit TEP Application On-line:  
<https://omnibase2.educ.indiana.edu>  
 Apply by October 1 (for spring semester)  
 Apply by March 1 (for fall semester)

**V OPTIONAL COGNATE FIELD IN  
HEALTH EDUCATION  
30 credits**

2.5 GPA required overall, C- or higher in each course.

**HEALTH CONTENT COURSES**

**19 credits**

HPER F255 Human Sexuality	3
HPER H174 Violence Prevention in American Society	3
HPER H180 Stress Prevention and Management	3
HPER H263 Personal Health	3
HPER H318 Drug Use in American Society	3
HPER N220 Nutrition for Health	3
HPER H205 Introduction to Public & School Health	1

**AUTHORIZED HEALTH ED COURSES 11 credits**

Admission to PETE required for participation; PE and Health student teaching take place in the same semester; First Aid/CPR certification required.

**III PROFESSIONAL EDUCATION  
31 credits**

2.5 GPA required overall, C or higher in each course

**SPRING ONLY BEFORE STUDENT TEACHING**

HPER H464 Coord. School Health Prog. (P:H263)	3
HPER H352 Sec School Health Curr & Instr. (C:H353)	3
HPER H353 Field Observation (C: H352)	1
<b>FALL ONLY BEFORE STUDENT TEACHING</b>	
HPER H452 Sec School Health Strategies & Assess. (P: H352 & H353, C:H453)	3
HPER H453 Microteach Lab for Health Ed (C: H452)	1

**PRE-REQUISITE COURSES**

**8 credits**

EDUC P254 Educational Psychology All-Grades	3
EDUC M201 Lab-Field Experience (c: P254)	2
EDUC M300 Teaching in a Pluralistic Society	3
HPER P200 Micro computers in Physical Education	3

**AUTHORIZED TEACHER ED COURSES 25 credits**

Admission to the Teacher Education Program required before taking the following courses.

<b>BLOCK I</b>	
EDUC H340 Education and American Culture	3
EDUC M303 Field Experience (C: M314)	1
EDUC M314 General Methods	3
<b>BLOCK II</b>	
EDUC M456 Methods of Teaching Phys Edu (C: P414)	3
EDUC M403 Lab-Field Experience (C: M456)	0
HPER P414 Professional Seminar in PE	2
EDUC M464 Methods Teaching Reading	3
<b>BLOCK III</b>	
EDUC M482 Student Teaching	10

**IV ELECTIVES  
to total 124 credits**